Ember's Light for Programs

A gentle feelings program for kids, Pre-K to Grade 6. For EarlyON and family centres, libraries, daycares, classrooms and homeschool co-ops.

What it is

Twelve weekly stories with twins Ember and River, read aloud, each with a simple body-first practice for feeling safe and calm (hand on heart, feet on the floor, push and shake, riding a wave of a big feeling), and meadow games that help the calm stick. Children learn that feelings are never good or bad, that they can come back to their bodies, and to stay curious about what might be underneath a big feeling.

Made for groups

- **Group mode:** put it on a big screen and open any week. No child's name, no profile, and nothing is saved, so a new group can start fresh any time.
- **Together mode:** mixed ages, K to Grade 6, all at once. One story read aloud, small moments just for the youngest, and one question in three sizes after the story, so a 4-year-old and an 11-year-old can both join in.
- **Group Case File game:** every age has a job. Ages 3 to 5 are Weather Spotters, ages 6 to 9 are Clue Finders, ages 9 to 12 are Lead Detectives. The case never closes. It ends with "Noticed, together."
- **Take it home:** families can get their own code, so what children practise at the centre keeps going at home.
- **For staff:** a short note for grown-ups every week, a "Right now" guide for the middle of a meltdown, and printable coloring pages and practice cards.

Privacy and practical details

- No ads, no tracking, no children's names or photos. In Group mode nothing is saved at all.
- Works in a web browser on a TV, laptop, tablet or phone. Nothing to install.
- Slow internet? Download a week ahead of time, or turn on Save data.
- Gentle, everyday wellness practices. Not therapy, diagnosis or medical care.

Licences

Licence	Who it's for	Price (CAD, per year)
Co-op or small group	Homeschool co-ops, church and community groups, one leader	$99
Centre licence	One EarlyON site, library, family centre, daycare or classroom. Any number of staff at that site	$249
Take-home family codes	A code for each family, so kids can keep going at home on their own device, with their own saved progress	25 families for $199 (about $8 each)
Centre + 25 family codes	The centre licence and a pack of 25 take-home codes together	$399 (save $49)
Multi-site	Organizations with 3 or more sites	$199 per site
Free pilot	Any program that wants to try it first	1 month free

Every licence includes **all three levels** (Pre-K and K, Grades 1 to 3, Grades 4 to 6), Group mode and Together mode, and every new book and Meadow Visit released during your year. Centre and multi-site licences can be paid by invoice. You get a code to open everything in the app. More packs of family codes can be added any time.

About Erika

Erika Burton, BSW, holds a Bachelor of Social Work from Dalhousie University and has spent years walking alongside families and children. She is a homeschooling, homesteading mother to a large crew of kiddos, and the author of the Ember's Light books and workbooks.

To book a free pilot or ask for an invoice: send Erika a message at gentleholisticwellness.com, or visit gentleholisticwellness.com/ember.